



Tobacco: The Substance Most Likely to Kill our Clients

Whether we measure it by illness, death, or economic cost, tobacco is the number one addiction in Ontario. Research shows that people who have entered addiction treatment are more likely to die from smoking than from any other cause. This suggests that our treatment programs are saving people from other drugs so they can die from the consequences of their tobacco use.

A CAMH in the Community presentation: **Tobacco: The Substance Most Likely to Kill our Clients** is set for two locations this fall. (See sidebar details) Both the Niagara and Hamilton events are co-sponsored by the **Hamilton Niagara Haldimand Brant LHIN**. The October 5th event is also co-sponsored by the **Niagara Health System**.

The presentations and discussion will challenge us to courageously consider the reasons, both societal and clinical, for the tobacco-tolerant milieu that prevails in Ontario's addiction treatment system. Our speakers represent various areas of expertise including research, education, clinical care, and policy. There will also be opportunity for discussion of the hurdles and solutions for the much-needed transformation of how we think about tobacco and its impact on our clients.

This is a must-attend event for counsellors, managers, funders of addiction treatment programs, and other social/health care personnel who provide care and support to smokers in their work.

Keynote speakers:



Dr. Roberta Ferrence is Executive Director of the Ontario Tobacco Research Unit and a Senior Scientist with the Centre for Addiction and Mental Health. She is also Professor in the Dalla Lana School of Public Health at the University of Toronto.

Events

Niagara

CAMH in the Community presentation **Tobacco: The Substance Most Likely to Kill our Clients**, Oct 5, 2009, 1pm - 4pm at the Four Points Sheraton. **Please register** for this free event ASAP to reserve your seat. [more>](#)

Hamilton

CAMH in the Community presentation **Tobacco: The Substance Most Likely to Kill our Clients**, Nov 24, 2009, 1pm - 4pm at Carmen's Banquet Centre. **Please save the date.** For information contact [Alan Cudmore](#)

Waterloo

November 24, 2009 from 9 a.m. - 4 p.m. at Luther Village. **Making the**

Connection Work:

Identification and Support for Older Adults with Mental Health and/or Substance Use Challenges. **Please Save the Date!** For more information, contact [Kim Baker](#).

Waterloo

December 15, 2009.

Let's Talk About Stigma:

Reducing Barriers to Seeking Help for those with Addiction



Dr. Peter Selby is the Clinical Director of the Addictions Program and Head of the Nicotine Dependence Clinic at the Centre for Addiction and Mental Health as well as Assistant Professor in the Departments of Family and Community Medicine, Psychiatry and the Dalla Lana School of Public Health at the University of Toronto.

Local CAMH in the Community Projects

[Education and Training](#) | [System Planning and Development](#) | [Primary Care Prevention programs: FASD](#) | [Community Training](#) | [Strengthening Families Concurrent Disorders](#)

CAMH Resources

CrossCurrents articles | [One addiction at a time](#) | [Youth addiction programs and tobacco](#) | [Tobacco and mental health quick facts](#)



[Tobacco](#) | [Pregnancy](#)



[About Tobacco](#) | [Do You Know - Tobacco](#)

CAMH Research

Systems Enhancement Evaluation Initiative ([SEEI](#)) Results from the four-year evaluation are now available

CAMH Public Policy and Health Promotion

CAMH Knowledge Exchange [Tobacco](#)
Letter to Prime Minister Harper on Contraband [Tobacco](#) (2008)

and/or Mental Health Challenges. **Please Save the Date!** For more information, contact [Kim Baker](#).

The Ontario Tobacco Research Unit ([OTRU](#)) is recognized as a Canadian leader in tobacco control research, monitoring and evaluation, [teaching and training](#) and as a respected source of science based information on tobacco control.

The Training Enhancement in Applied Cessation Counselling and Health ([TEACH](#)) Project is designed to enhance knowledge and skills in the delivery of intensive tobacco cessation interventions.

Recently released report:
The Canadian Expert Panel on Tobacco Smoke and Breast Cancer Risk [more>](#)

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